

may see what you have placed in my path. Through Jesus I pray.  
Amen.

### Sunday

*There is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life in Christ has set me free from the law of sin and death. Romans 8:1-2*

"Free at last, free at last, praise Lord God Almighty I am free at last." Becoming a Christian means we have been liberated from law-keeping. We now have God living in us, through the Holy Spirit, to not only help us know his will, but to live it. Through the Spirit's power, we can do what no law could make us do: live up to God's standards of righteousness.

Gracious father, thank you for all of your gifts to me. Today, I want to especially thank you for liberating me from law and empowering me with your Spirit. Fill me and empower me today with your Spirit as I live my life for you. Through Jesus my Lord I pray. Amen.

*Adapted from Heartlight Daily Verse by Phil Ware*

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# One Minute in the Morning

### Monday

*Be joyful in hope, patient in affliction, faithful in prayer.*

*Romans 12:12*

Sometimes the key to survival is simply "setting our jaw" and going on faithfully trusting that God is there helping us, despite the outward circumstances. Choosing joy through hope rather than despair, choosing patient endurance in times of affliction, and choosing faithfulness in prayer are all decisions of the will. We trust that God, who raised Jesus from the dead, can also change our circumstances because he hears our voice.

Create in me, O Mighty God, a resolute and steadfast heart so that I might persevere with joy no matter what the difficulty. This I ask through your faithful Son. Amen.

### Tuesday

*If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.*

*2 Chronicles 7:14*

Humility is not our culture's biggest asset or most desired character quality. But humility is what is demanded -- not so much because it's commanded (thought that would be enough), but because we've earned it. Every year brings another wave of major failures in morality, character, and spirituality. Rather than progressing culturally, we find ourselves slipping. Humility is earned! So let's be humble and call upon the Lord!

Holy and Almighty God, your deeds are awesome, your faithfulness is overwhelming, and your mercy and grace are such a blessing. Yet I come to you knowing that you hear me, despite the incredible distance between you and I, between your worth and holiness and my lack. I confess that I, and my culture and

