

An Outreach Ministry of
The Church of the Good Samaritan
Anglican Network in Canada
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One Minute in the Morning

Monday

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. *Psalm 91:1*

How good it is to be as close to God as his shadow and share in the comfort of his shelter. He is not far if our hearts choose to draw near him.

O great Almighty God, tender Shepherd and Abba Father, make known to me your nearness. I long to live in your presence and reflect your holiness and grace. By Jesus' blood I draw near to you in full assurance of your love and grace. Amen.

Tuesday

The Lord will keep you from all harm -- he will watch over your life; the Lord will watch over your coming and going both now and forevermore. *Psalm 121:7-8*

Our lives are not lived alone. The Lord is with us personally. He holds each of futures and our safety in his hands. We live to serve him and go to be with him when we die. The Lord will keep us from all harm!

Mighty Protector, Rock of my salvation. Thank you that my future is secure with you. Make this assurance the convicting power in my life to turn over my future and my life to you. Through Jesus I ask this. Amen.

Wednesday

Those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and will not be faint. *Isaiah 40:31*

It is easy for us to live victoriously for the Lord when we soar on eagles wings. It can be exciting when we run and don't grow weary in the work of the Lord, buoyed by his power and presence. But it often takes heroes to keep walking and not faint when trying

times come. Keep on walking, brother and sister. The Lord is there when you most fear he has forgotten you!

Majestic God, whose voice holds together our universe, give those who can barely walk under the stress and assault the strength to continue. I specifically want to pray for those I know personally who are facing trying times. Please, dear LORD, give them strength and meet their most pressings needs. Through the intercession of Jesus I ask it. Amen.

Thursday

The Lord is faithful, and he will strengthen and protect you from the evil one.
2 Thessalonians 3:3

It's amazing to me how Satan knows our "silver bullet sins" -- those sins that can especially wound and disable us from the work of Christ. Commit in your heart to ask God to protect you, your family, and one other person (you'll silently support) from the attacks of the evil one.

Mighty and Triumphant King, crush your enemies under your feet and liberate me and those I love from the oppressive attacks and the horrible consequences of sin. Not only forgive and cleanse me, but please guard my heart so that I might gain strength to serve you with passion and power. Through Jesus I pray. Amen.

Friday

"Can anyone hide in secret places so that I cannot see them?" declares the Lord. "Do not I fill heaven and earth?" declares the Lord.
Jeremiah 23:24

There is no hiding from God, but for those who willingly and joyously seek him, there is comfort, power, and hope in his presence.

El Shaddai, God of the Mountains, be my sources of strength as I seek your presence. I acknowledge your presence in all I do and everywhere I go. Please, don't just keep blessing me, but use me to bless others in your name. Through Jesus. Amen.

Saturday

Do not seek revenge or bear a grudge against one of your people, but love your neighbour as yourself. I am the Lord.

Leviticus 19:18

Hanging on to bitterness and keeping alive grudges is consuming work. It leaves little energy for blessing others, praising God, or enjoying life. The only way to get over these things is to actively love (i.e., serve them) others in ways that bless their lives. If we can't do this because it's good and the right thing to do, we do it because we know God!

Father of light, love and mercy, please remove from my heart any cynicism or delight in seeing others around me fall. Instead, help me to be a rescuer rather than a neglecter. I want your grace to be seen in my friendships. Through Jesus I pray. Amen.

Sunday

"...whoever wants to save his life will lose it, but whoever loses his life for me will find it."
Matthew 16:25

The key to life is letting go of ourselves and receiving Jesus. Please don't forget to relinquish your life to the one who gave up his own life. When we lose our life to him, we can have it back forever with him.

Lord Jesus, I believe you are the Son of God, my Saviour and King. I long for your life to be made visible in me. To your glory I pray. Amen.